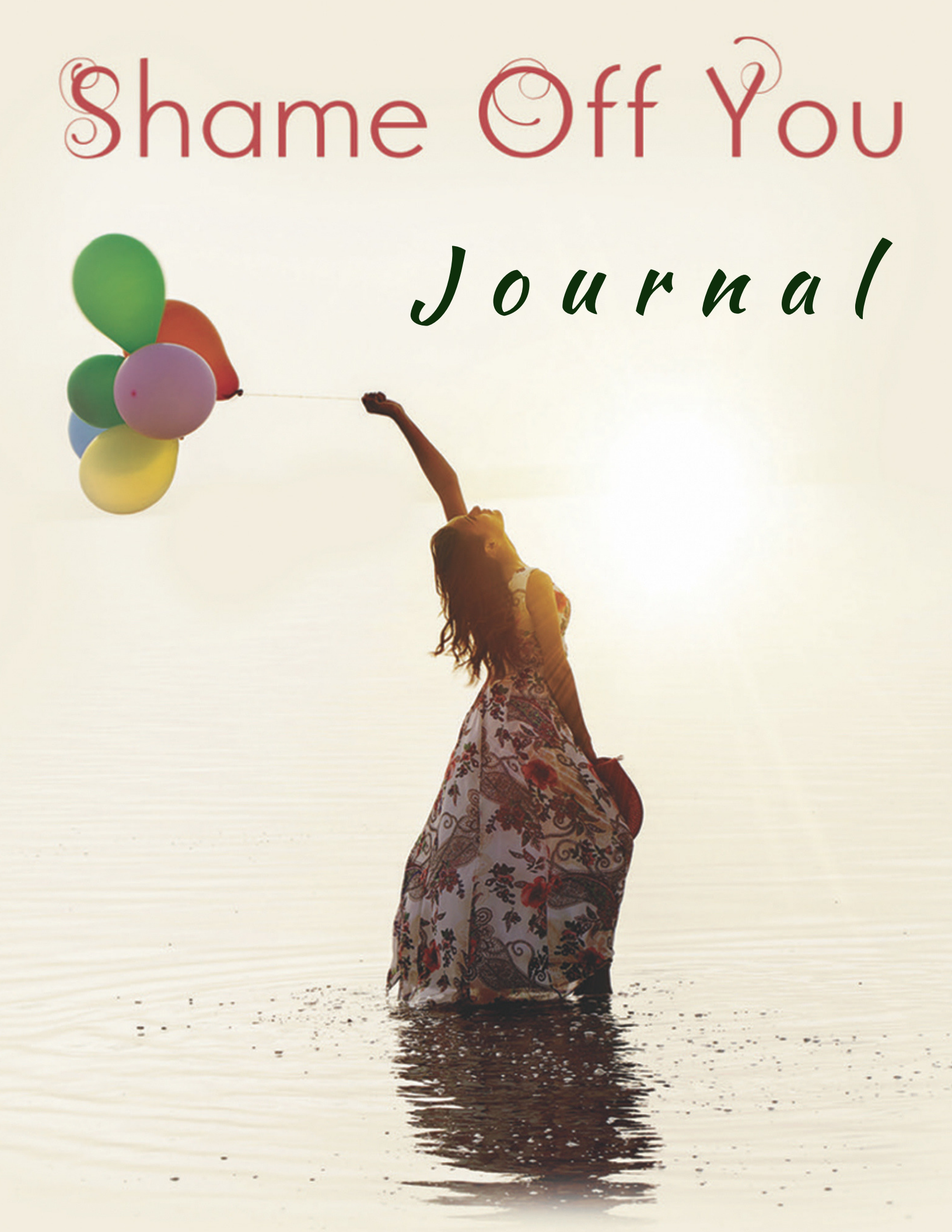
Shame Off You

Journal



Journal

Belongs To:

"Fear not; you will no longer live in shame. Don't be afraid; there is no more disgrace for you. You will no longer remember the shame of your youth and the sorrows of widowhood."
—Isaiah 54:4 (NLT)

"It is in crying out to God from our place of shame that we obtain victory."

"The LORD knows the days of the blameless, and their heritage will remain forever; they are not put to shame in evil times; in the days of famine they have abundance."

—Psalm 37:18-19 (ESV)

"It is how we deal with shame that determines the lasting impact shame has on our life."

"As it is written: 'See, I lay in Zion a stone that causes people to stumble and a rock that makes them fall, and the one who believes in him will never be put to shame.'"

—Romans 9:33 (NIV)

"When we allow shame to separate us from others, we give it the power to defeat us."

"And now, dear children, remain in fellowship with Christ so that when he returns, you will be full of courage and not shrink back from him in shame."

—1 John 2:28 (NLT)

"Hiding shame just causes shame to grow."

"Instead of your shame you will receive a double portion, and instead of disgrace you will rejoice in your inheritance. And so you will inherit a double portion in your land, and everlasting joy will be yours."

—Isaiah 61:7 (NIV)

"Shame can't reach a forgiven soul."

"Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance,
and endurance produces character, and character produces hope,
and hope does not put us to shame, because God's love has been poured
into our hearts through the Holy Spirit who has been given to us."
—Romans 5:3-5 (ESV)

"To be set free from shame we must replace the lie of shame with the truth from God."

"I trust in you; do not let me be put to shame, nor let my enemies triumph over me."
—Psalm 25:2 (NIV)

"Shame defines us if we let it."

"May the arrogant be ashamed, for they subvert me with a lie;
But I shall meditate on Your precepts."
—Psalm 119:78 (NASB)

"God did not just come to take away our sin, but our shame, too."

"Though you have made me see troubles, many and bitter, you will restore my life again;
from the depths of the earth you will again bring me up.
You will increase my honor and comfort me once more."
—Psalm 71:20-21 (NIV)

"When we fix our hope on Christ, shame loses its power."

"But it is no shame to suffer for being a Christian.
Praise God for the privilege of being called by his name!"
—1 Peter 4:16 (NLT)

"The route we take does not necessarily get to the root of shame."

"Looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God."

—Hebrews 12:2 (ESV)

"Our identity is in Christ, not in our shame."

"He mocks proud mockers but shows favor to the humble and oppressed.
The wise inherit honor, but fools get only shame."
—Proverbs 3:34-35 (NIV)

"God has forgiven not just our sins but the guilt of our sins, too."

"I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death."
—Philippians 1:20 (NIV)

"Statuses only limit those who choose to be defined by them."

"Who then is the one who condemns? No one. Christ Jesus who died--more than that, who was raised to life--is at the right hand of God and is also interceding for us."
—Romans 8:34 (NIV)

“Failure paves the way to success.”

"To you they cried and were rescued; in you they trusted and were not put to shame."
—Psalm 22:5 (ESV)

"All the faces and places of shame woven in our culture might be loud, but they are not truth."

"But the LORD GOD helps me; therefore I have not been disgraced; therefore I have set my face like a flint, and I know that I shall not be put to shame."

—Isaiah 50:7 (ESV)

"Don't let the pain of shame keep you in a culture of shame."

"Those who look to him for help will be radiant with joy;
no shadow of shame will darken their faces."
—Psalm 34:5 (NLT)

"We can shrink our problems if we stop magnifying them and magnify our Savior, instead."

"There is therefore now no condemnation for those who are in Christ Jesus."
—Romans 8:1 (ESV)

"Letting go of our ideal and accepting the real is a pathway to healing but it takes practice."

"When pride comes, then comes shame, but with humility comes wisdom."
—Proverbs 11:2 (New Heart English Bible)

"Thick skin does not prevent shame from reaching our hearts and minds. God does."

"I remain confident of this: I will see the goodness of the LORD in the land of the living."
—Psalm 27:13 (NIV)

"Our identity wasn't ever about us in the first place."

"And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you."

—1 Peter 5:10 (ESV)

"Our worth does not come from our performance."

"May the arrogant be put to shame for wronging me without cause;
but I will meditate on your precepts."
—Psalm 119:78 (NIV)

"We will encounter shame in this fallen world, but shame loses its power when we do not regard it."

"My sin I acknowledged to you; my iniquity I did not hide. I said, 'I will confess my transgressions to the LORD.' And you forgave the guilt of my sin! "
—Psalm 32:5 (ISV)

"Humbling ourselves causes shame to lose its power."

"But we have renounced the hidden things of shame, not walking in craftiness,
nor falsifying the word of God, but by manifestation of the truth,
commending ourselves to every man's conscience before God."
—2 Corinthians 4:2 (BLB)

"Admitting our need is not a display of weakness, but a testament of relationship."