

Becoming Whole— Removing the Stumbling blocks that Keep Us from Abiding in Christ



Philippians 4:11 (ESV)

“Not that I am speaking of being in need, for I have learned in whatever situation I am to be content.”

Reflection Questions:

- 1) The pursuit of wholeness is not the pursuit, but the pursuit of Christ is. How do you pursue God?

- 2) What stumbling block in your life prevents you from abiding in Christ?

- 3) We can be tempted to rely on self. How do you seek to rely on God in those moments?

Extended Devotion:

There is an emptiness within us all that longs for something that we just can't seem to find. Sure, our souls can temporarily find satisfaction in things or people or circumstances, but there is always something that can throw us off balance and we find ourselves empty again, longing to be filled.

Jesus encountered the woman at the well who was looking to fill that place of pain in her soul. She had tried to fill it with men, but this only left her more lonely. Jesus invited her to stop searching for water that never satisfied.

"Jesus replied, 'Anyone who drinks this water will soon become thirsty again. But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life'" (John 4:13-14, NLT).

Are you thirsty friend? Have you tried to find your identity and hope in things, people, or anything in this world? What is it that you run to to fill that empty place? This water is found by those who search in the right place. The Holy Spirit is the living water who connects us to Christ. As we walk in the Spirit and resist the flesh, we abide sweetly in His presence.

Takeaway:

Our souls are satisfied when we learn how to abide.